

Dreamer's Medicine Wheel

A shamanic path of healing and personal empowerment

Taste the Earth medicine of the four directions as you embark upon a path of self empowerment and deep connection to Spirit. Begin in the South to embrace the path of healing from the limiting identities that bind us. Circle to the West and walk the way of the impeccable warrior to transcend the death that stalks us, assisting us to walk free of fear. In the North we are called to identify and embody the teachings and teachers we source from, and finally we move to a place of vision as the East beckons us to our destiny.

Join us as we build community based on the indigenous dreaming and healing traditions of Inka and Toltec lineages. Our spiritual practice involves building a mesa (shaman's medicine bundle), creating earth mandalas and learning sacred fire ceremony along with art making, movement and journeying. These are some of the many transformational activities included in this gentle but powerful work.

We will meet on Vashon four weekends over the course of a year as we travel together on a journey of personal power and healing.

Dates:

South: September 18th, 19th, and 20th, 2009

West: January 23rd, 24th, and 25th, 2010

North: May 1st, 2nd and 3rd, 2010

East: September 17th, 18th and 19th, 2010

Times:

7-9 pm Friday eve

9 am to 9pm Saturday including fire ceremony

9 am to 5pm Sunday

(listings for overnight accommodations will be provided upon registration)

Location:

Vashon Island (address will be announced upon registration)

Investment:

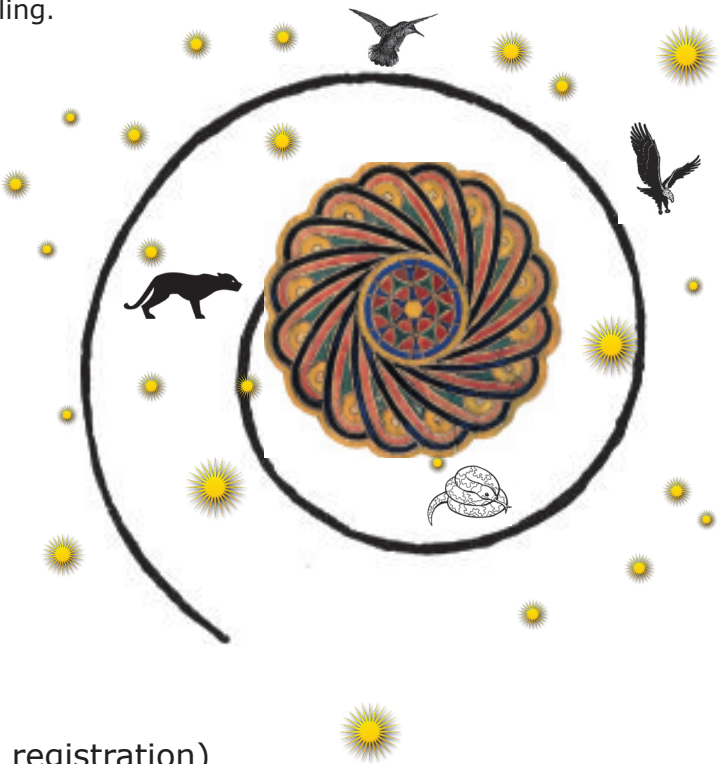
\$295 per direction (Commitment to full program is required)

A \$50.00 Deposit by August 31st will hold your space. Ten percent off for early registration and payment of full program. Space will be limited to 20 people.

Kim Newall is an initiate and practitioner in the shamanic healing traditions of Peru through her trainings with Alberto Villoldo and the Four Winds Society, Peruvian shaman Jose Luis Herrera and Cherokee medicine woman Mary Blankenship. Kim facilitates dream workshops for adult and children, is a graduate of Robert Moss's Dream Teacher Training and a member of the Pacific Dream School. Kim has a shamanic healing practice on Vashon, Elemental Energy Medicine, and her work can be seen at her website.

www.vashonwellness.com & kimnewall.com

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Antonia Greene, M.Ed., LMHC is a graduate of the of the Four Winds Light Body School and an initiate of the Inkan shamanic path of Peru. She has studied with master Toltec teachers Francisco Ricco and Bernadette Vigil and others in the lineage of Miquel Ruiz (The Four Agreements).

Antonia is a psychotherapist with over 20 years experience and training and is excited to be blending energy work with psychotherapy in her Vashon and Seattle practices. She has acted as adjunct professor and clinical supervisor of counseling at Bastyr University.

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